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LIFESTYLE

High school boys put me on a list ranking girl students and destroyed my mental health — the school did nothing

By News.com.au
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A popular Australian influencer has shared that she was ranked on a horrifying list that was shared around her high school and turned her life into a nightmare.

Phevaya, 20, was prompted to talk about her experience after hearing about a list created by boys from Melbourne private school, Yarra Valley Grammar, which included ratings of their

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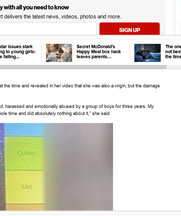
Two of the four boys involved in creating the document were expelled, with the other two suspended and subject to further disciplinary action.



Phevaya discussed her experience being on a high school list
TikTok / @phevaya

The list didn't "surprise" the influencer because she had lived through something eerily similar only four years ago.

When a group of boys ranked Phevaya without her permission, she was in eleventh grade and the experience made her feel "degraded".

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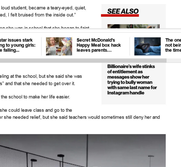
"I was tormented, humiliated, harassed and emotionally abused by a group of boys for three years. My school knew about it the whole time and did absolutely nothing about it," she said.



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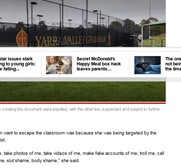

The kid ranked girls in the school from best to worst as "whore", "decent", "mid", "digest", "get out" and "ice-grenade" tiers
TikTok / @phevaya

She said that the experience changed who she was.

"I felt broken. I felt devalued as a woman. The ongoing bullying I experienced from these boys completely shifted my character," she told news.com.au.

"The once happy, cheerful, loud student, became a teary-eyed, quiet, miserable one. I felt defeated. I felt bruised from the inside out."

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Phevaya sought out counseling at the school, but she said she was often told "boys will be boys" and that she needed to get over it.

Some steps were taken by the school to make her life easier.

She had a note that meant she could leave class and go to the counselor's office whenever she needed relief, but she said teachers would sometimes still deny her and tell her she was fine.

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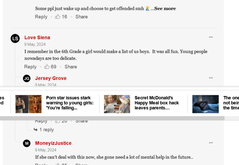

Two of the four boys involved in creating the document were expelled, with the other two suspended and subject to further disciplinary action
Google Maps

The reason she would often want to escape the classroom was because she was being targeted by the boys who had created the list.

"They'd torment, harass me, take photos of me, take videos of me, make fake accounts of me, troll me, call me slurs, public humiliate me, slut shame, body shame," she said.

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In hindsight, she thinks it was because they saw her as an "easy target", someone who would fight back against their taunts and therefore create a sick game for them to play.

She's learned, though, that it isn't her behavior she needs to be worried about.

"It also didn't have happened in the first place," she said.

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"They told me I couldn't graduate and I couldn't get an ATAR (Australian Tertiary Admissions Rank) because of my lack of attendance, but they knew why I wasn't attending classes," she said.

In response, Phevaya scattered fringed, attending every class until she graduated, and she got a "really good" admissions ranking.

The experience has stayed with her and now the list, created by the Melbourne schoolboys, brought back those memories and feelings.

"I feel disgusted. I know how often this shit happens. I'm not surprised. I feel there should be harsher punishments in place for bullies at high school," she said.

130 What do you think? Post a comment.

Phevaya said that, as a nation, we are so concerned as to why violence keeps happening to women but she believes the answer begins in high school.

"I feel like it's important to recognize the horrid behavior that happens in high school and the ongoing implications it has on our lives."

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lets themselves are free speech and not harassment.

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Tyler Nunn · 3 May, 2024

I was #3 (out of 12) on a hit list created by some columbine wannabes in HS

I didn't lose an ounce of sleep over it and now it's a funny story to tell

Some ppl just wake up and choose to get offended smh 🤦‍♂️ **...See more**

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Love Siena · 3 May, 2024

I remember in the 6th Grade a girl would make a list of us boys. It was all fun. Young people nowadays are too delicate.

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MoneyInJustice · 3 May, 2024

If she can't deal with this now, she gone need a lot of mental help in the future..

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George · 3 May, 2024

you are always on those lists, written or not, since time began, and it is just fine and natural - not only that , you have always known this as well. As soon as we see you, you rate the list. Embrace your privilege.

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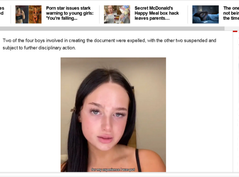
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