# Clinic Services

## Accommodations & Fees

### Medical Management Charges

Click here for a summary of the rates

**Everyone participating in the TrueNorth Health Education Center's program must undergo assessment and examination.** The fee for this medical evaluation, including a discount for time of service payment, is **$295**. This medical package fee covers the initial intake exam, the cost of the doctors' time involved in ordering and reviewing laboratory tests, meeting with and directing the staff and interns, reviewing daily chart notes. The medical package for patients with complex medical problems is **$390** (the additional charge is to cover the additional time needed to review and evaluate the complex medical management issues).

Beginning January 1st 2019, patients receiving medical management at TrueNorth Health (this includes all patients undergoing water-only fasting, juice fasting and all medicated patients on healthy eating programs) will be seen every day by staff clinicians for daily rounds. Vitals will be taken, a daily history recorded and questions answered. All data is reviewed each day by an attending doctor at TrueNorth who will be supervising your care and 1 or more evaluations will take place each week with your doctor throughout your stay. The fee for these medical management services is billed at **$95 for every week or portion of a week** that you are staying at the center. This weekly charge of $95 may be reimbursed by health insurance or medicare.

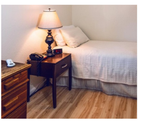
**The medical management fees may be partially reimbursed to you by health insurance that allows you to select the doctor of your choice.** We bill these medical management charges separately from our program charges so that those participants with health insurance coverage may receive appropriate reimbursement.

**Bloodwork and Labs: The estimated** cost for bloodwork and labs is **$305** and may increase or decrease depending on what you and the Doctor decide.

### Daily Charges

The daily rate ranges from **$159** to **$599**, depending on the type of room you choose and the number of people in your group. The daily rate includes:

- All meals
- Fasting supervision (if applicable)
- Participation in our health education program
- Access to our fitness classes
- Staff support
- Bedding, towels, and personal laundry service
- Desk and chair
- Private phone service and personal voicemail
- Free local and long-distance calling (within the USA)
- High-speed internet access through Wi-Fi
- Free Parking



### Small Economy Private Room and Shared Bath

A very small private room is equipped with a twin size bed and includes an adjacent shared bathroom. Participants staying in a small private room and bath, a 40-inch LCD television, complete with streaming services. Small private rooms are available for **$199** a night. **To avoid sharing a common living room you would need to book an entire suite.**

### Standard Private Room and Shared Bath

Standard private rooms with shared bathroom are larger than our small economy rooms and have an adjacent shared bathroom and their own 40-inch, in-room LCD television, and streaming services. Standard private rooms are available for **$229** a night single occupancy. We have a few standard private rooms with an adjacent private bathroom for **$239** a night single occupancy and $159 per person for double occupancy. There is also a small common area shared by each of the three bedrooms that make up each suite. **To avoid sharing a common living room you would need to book an entire suite.**

### Large Private Room and Private Bath

Large private rooms equipped with a king sized bed. The private rooms are larger than our standard rooms and have a direct access private bathroom and their own 40 inch, in-room LCD television with streaming services. Large private rooms are available for **$159** a night (double occupancy) or **$249** (King sized bed) a night single occupancy . There is also a living room shared by each of the three bedrooms that make up each suite. **To avoid sharing a common living room you would need to book an entire suite.**

### Private Suite

For those wishing to book an entire suite (2 bedrooms, 1 bathroom, living room, dining room and kitchen) the fee is **$249** per person (double occupancy) or **$419** a night single occupancy.

A 3 bedroom, 2 bathroom suite is **$259** per person (double occupancy) or **$529** a night single occupancy.

### Groups of 3

Three individuals coming together may choose to share a 2 bedroom, 1 bathroom suite for **$179** a night per person.

### Groups of 4

Four individuals coming together may choose to share a 2 bedroom, 1 bathroom suite for **$159** a night per person.

### Rate Summary

| Type of room | Program rate per person |
|---|---|
| **1 person** | |
| 3-bedroom, 2-bath full suite | $529/night |
| 2-bedroom, 1-bath full suite | $419/night |
| Large Private room, (King bed) private bath | $249/night |
| Standard room, (Queen bed) private bath in hall | $239/night |
| Standard room, (Queen bed) share bath in hall | $229/night |
| Small economy room, share bath | $199/night |
| Companion (non-medical program), sharing room | $99/night |
| **Group of 2 (share with partner or friend)** | |
| 3-bedroom, 2-bath full suite | $259/night each |
| 2-bedroom, 1-bath full suite | $249/night each |
| Large room with king bed, private bath | $159/night each |
| Standard room(Queen bed) private bath in hall | $159/night each |
| Stand room, (Queen or 2 Twin bed) share bath in hall | $159/night each |
| **Group of 3** | |
| 2-bedroom, 1-bath full suite | $179/night each |
| **Group of 4** | |
| 2-bedroom, 1-bath full suite | $159/night each |

Participants who snore loudly or have issues that might disturb other guests must book a private suite. Health insurance, including Medicare, does NOT reimburse fees for participating in our residential health education program.

It is also possible to reserve attendance as a day participant at the TrueNorth Health Education Center. The day program including meals and activities only is **$99**. (not currently available due to pandemic restrictions.)

**Pet Policy**

Service dogs are permitted based on availability. Full suites must be reserved and only one dog may be brought to the facility per suite. Cats are not permitted at TrueNorth. If a dog barks excessively we will ask you to find alternative arrangements for your pet. Dogs must be taken off-site to relieve themselves. A one-time **$150 fee** will be applied to all suites housing a dog.

### Non-Refundable Deposit

All participants must pay for their anticipated stay when they arrive at the Center. A final payment or refund will be calculated at the conclusion of your program. To make a reservation, a **non-refundable** deposit of **$500** per person is required. Although deposits are non-refundable, we will provide 100% credit towards a future stay if two week's notice of cancellation is provided. A credit of 50% will be provided if less than two week's notice of cancellation is provided. No credit will be provided without 24-hour notice. We accept cash, personal checks, money orders, or Visa/Mastercard.

### Additional Services Available

**Laboratory services:** Blood tests and other laboratory services are additional. Health insurance may reimburse some of the fees for laboratory tests.

**Chiropractic treatment:** Chiropractic treatments are available. The affiliated chiropractors utilize a variety of manipulative and physiotherapeutic procedures. The chiropractic treatment fee of **$75-120** per visit may be reimbursed by health insurance that covers chiropractic care.

**Psychotherapy:** Psychotherapy is available from Doug Lisle, Ph.D. . Phone consults with Dr. Lisle can be booked directly at his website: Esteem Dynamics.

**Fitness Instructor: $75** per half-hour session.

**Therapeutic massage**: Therapeutic massage is available for **$105** per 60 minutes and **$145** for 90 minutes. Spa services and excursions may be available at additional cost from affiliated service providers.

**Facials, Body Scrubs and Waxing: $95** per hour.

**Reflexology** is **$55** for 30 minutes and **$105** for 60 minutes.

**Craniosacral Therapy: $115** per hour.

**Acupuncture: $140** per hour, **$105** per 40 minutes.

Register Your Health Information

Daily Schedule

TrueNorth Health TV

GET STARTED BY READING OUR BOOK

Health-Promoting Cookbook Package

TESTIMONIALS

TrueNorth Navigators

People who have succeeded in navigating their way to improved health, and are now helping others to do so by sharing their personal stories.

Jamie describes how after 38 years of food addiction and bulimia she gave up chemically addictive foods and went on to recover from bulimia (an illness where the feeling of lack of control in one's life can lead to compulsive overeating followed by vomiting in order to prevent weight gain).

Read More

VISIT OUR ORGANIC VEGAN KITCHEN

UPCOMING

There are currently no upcoming events



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